



PRIDE+ Bulletin

October-November 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues

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News

[17-year-old trans girl's suicide over NHS wait times was preventable, coroner rules](#) **Pink News, October 2025**

A 17-year-old girl who took her own life waiting to be seen by an NHS gender clinic could have been saved if wait times were shorter, a coroner has ruled. Senior coroner, Andrew Walker, said her death was preventable and that the Camden-based gender clinic's wait times were "far too long."

[Gender Clinic Files: Some people in Scotland will never get a gender clinic appointment on a 224-year waitlist](#) **Queer AF, October 2025**

Most Trans+ people in the UK will wait more than a third of their adult life to get their first appointment at an NHS gender clinic, and some will never receive care. For every person who had an initial assessment at a gender clinic in the UK last year, four more people were added to a gender clinic waiting list. At one clinic in Scotland, the data reveals a waiting time that's almost three times longer than the average British life expectancy.

[Gender Clinic Files: What would a healthcare system that works for Trans+ people look like in the UK?](#) **Queer AF, October 2025**

It's now almost impossible for Trans+ people in the UK to access healthcare through NHS gender clinics, according to a rigorous data analysis. But what would a system that works look like, and how could it be implemented?

[Teachers say trans pupils 'limiting food and drink' to avoid school toilets](#) **STV News, October 2025**

Teachers have said transgender students are "limiting their food and liquid intake" to avoid using school toilets and being "outed".

[The first gay Miss England has been crowned. She shares inspiring advice for young people coming out](#) **LGBTQ Nation, November 2025**

"Knowing that I'm able to share my story and represent a part of our community that hasn't been represented in this way before is really special," the winner said.

Guidelines, Policies and Reports



[Gendered Spaces and the Impact of the Supreme Court Judgement/EHRC Interim Update on Trans, Intersex and Gender Non-Conforming Adults](#)

TransActual, October 2025

This study examines how the non-statutory EHRC interim update has shaped real-world access to, and experiences within, gendered spaces in the UK. Despite Equality Act 2010 protections for trans people remaining in law, our data demonstrates that current interpretations and practices cause a clear risk to the effectiveness of those protections.

Research briefings

[Out at work? A systematic review of LGBTQ+ mental health in the workplace](#)

The Mental Elf, October 2025

Work can be a place of identity and belonging, but it can also be a source of stress that undermines mental health, especially when the workplace culture is unsupportive or hostile. For LGBTQ+ workers, there are additional risk factors, including experiences of exclusion, stigma, and discrimination that continue to shape daily working lives.

[Psychedelics and Queerness: Do we have a meaningful voice?](#)

The Mental Elf, September 2025

Queerness and psychedelics have always been intertwined in complex ways. These substances have carried both harm and hope for LGBTQIA+ communities. Bartlett and colleagues set out to explore what the “*meaningful, non-pathologising*” inclusion of queer voices could look like in psychedelics research.

Published research

Banter, bonding or bullying? Supporting LGBTQ+ colleagues in healthcare [email ulth.library.lincoln@nhs.net to request article]

Clinics in Integrated Care, October 2025

This article explores the historical and contemporary experiences of LGBTQ+ professionals in healthcare, focusing on discrimination, inclusion initiatives, and the structural and cultural changes needed to create equitable environments.

Heteronormative assumptions, economic constraints and structural discrimination as global barriers to sexual and reproductive healthcare for transgender and gender diverse people [Email ulth.library.lincoln@nhs.net to request]

Evidence-Based Nursing, November 2025

Addressing current disparities in sexual and reproductive health services for transgender and gender-diverse populations provides critical insights for developing more inclusive systems for all service users.

[Pragmatic recruitment strategies for a text-based smoking cessation intervention for sexual and gender minority groups](#)

Discover Public Health, November 2025

The prevalence of cigarette smoking among sexual and gender minority (SGM) groups is significantly higher than among heterosexual and cisgender individuals. To help reduce cigarette smoking and improve health outcomes among this population, our research team developed SmokefreeSGM, an SGM-tailored text-based smoking cessation intervention.

Promoting equality in nursing practice: learning from the care of LGBTQ+ people [email ulth.library.lincoln@nhs.net to request article]

Nursing Standard, October 2025

This article explores how nursing ethics can be informed by the experiences and perspectives of LGBTQ+ people. It discusses research on cancer disparities for LGBTQ+ patients, demonstrating the need for culturally tailored interventions. Research in this area



often has a narrow focus on improving care for marginalised groups, rather than considering what dominant healthcare approaches could learn from these groups.

Blogs / Commentary / Editorials / Opinion Pieces

Addressing the discrimination and stigmatisation that can affect trans people when accessing healthcare [email ulth.library.lincoln@nhs.net to request]

Nursing Standard, November 2025

Evidence demonstrates that trans patients consistently experience poorer health outcomes, with one of the reasons being a lack of trans-inclusive education for healthcare professionals. This article outlines some of the educational resources that can assist nurses in all fields of practice to improve care for trans patients and service users.

Cass Review does not guide care for trans young people

The Medical Journal of Australia, October 2025

The Cass Review was commissioned by the NHS, following increased referrals to the NHS Gender Identity Development Service. Worldwide, the Review has received criticism from expert professional organisations and in the peer-reviewed literature for its disregard of international expert consensus, methodological problems, and conceptual errors.

Chemsex: Hidden Pleasures, Hidden Harms

BBC Radio Four

Mobeen Azhar explores the risks some gay men run by mixing their sex lives with drug taking. While some manage their use, others fall into destructive patterns of addiction.

Inclusive care for children and young people with gender dysphoria: educating the workforce [email ulth.library.lincoln@nhs.net to request]

Nursing Children and Young People, October 2025

Transgender people have reported negative experiences of healthcare service provision, often due to a lack of education among staff. This article highlights the urgent need for preregistration education and post-registration training in transgender health to foster inclusive and respectful care for children and young people with gender dysphoria.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

This Queer Arab Family: An Anthology by LGBTQ+ Arab Writers Edited by Elias Jahshan

In Arab culture, tradition often dictates an individual's role in a family, with personal desires subsumed in favour of unity. This book celebrates the beauty of chosen kin and the everyday acts of care and survival that bind Queer Arabs to each other.

Cover Story by Celia Laskey

A hilarious, emotional love story about an extremely anxious publicist who's tasked with keeping an extremely gay starlet in the closet - but who ends up falling for her instead. As Cara's fame rises, both Ali and Cara have to decide which is more important: success or a chance at true love?

Queer Georgians: A hidden history of lovers, lawbreakers and homemakers by Anthony Delaney

In this dazzling work of restorative history, Dr Anthony Delaney has traced the stories of people daring to challenge society's expectations, unearthing archives and court records to reveal the tragedies and the joys of queer life three centuries ago.